

Missouri Division of Alcohol and Drug Abuse

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| Bulletin Number: FY10–Clinical-16 | CLINICAL SERVICES BULLETIN | Effective Date: April 15, 2010 |
| New | Subject: Family Conference | Number of Pages: 1 |

1. Programs Affected

- 1.1 Comprehensive Substance Treatment and Rehabilitation (CSTAR) programs: Adolescent, Women and Children, Women and Children Enhanced, General Population, General Population Enhanced, and Opioid.

2. Purpose

- 2.1 To describe a new CSTAR service that is available to help engage family members and/or other natural supports in a consumer's treatment program in order to optimize recovery efforts.

3. Definition and Service Functions

- 3.1 Family Conference is defined as a service that coordinates care with, and enlists the support of, the natural support system through meeting with family members, referral sources, and significant others about the consumer's treatment plan and discharge plan.
 - 3.1.1 In addition to the specific care coordination function defined above, other key service functions include the following:
 - 3.1.1.1 Communicating about issues within the consumers' home that present barriers to the achievement of treatment plan goals;
 - 3.1.1.2 Identifying relapse triggers and establishing a relapse prevention plan;
 - 3.1.1.3 Participating in the discharge conference; and,
 - 3.1.1.4 Assessing the need for family therapy or other referrals to support the family system.
- 3.2 Family Conference does not replace Family Therapy, which continues to be a more specialized clinical service delivered by qualified personnel as established in 9 CSR 30-3.110(6)(D). Family Therapy should be provided or arranged as the need is identified.

4. Limitations

- 4.1 This service is limited to a maximum of eight (8) units per week, per consumer.
- 4.2 The service is office-based and must include the primary consumer.

5. Qualified Personnel

- 5.1 The Family Conference service is provided by a Qualified Substance Abuse Professional as defined in 9 CSR 10-7.140(2)(RR), or an Associate Substance Abuse Counselor as defined in 9 CSR 10-7.140(2)(I).